

# Black File — Interlude: “Too Much of a Good Thing”



The cake looked harmless.  
That was the first mistake.

---

Safehouse.  
Late.  
Quiet.

---

On the table:  
Six plates.  
Six identical portions.  
Dark.  
Dense.  
Perfect.

---

Shammy stared at them.  
“...that’s it?”

---

Mai didn't look up.

"High-density composition. Elevated sugar and fat ratio."

---

Badger leaned in.

"...it's dessert."

---

HeavenlyFather:

"...no, it isn't."

---

Grouse stepped forward.

Measured.

Calm.

"...acceptable."

---

Ace sat.

Already decided.

---

"Rules," Grouse said.

---

Mai answered.

"No breaks."

A beat.

"No water."

---

Badger blinked.

"...that feels illegal."

Mai:

“Constraint required.”

---

Shammy:

“...I don't like this.”

---

Ace:

“Eat.”

---

Silence.

---

Badger:

“WHY IS IT ALWAYS THIS SIMPLE”

---

□

First bite.

---

Ace.

No reaction.

---

Grouse.

No reaction.

---

Badger.

Paused.

---

“...okay—yeah—this is actually amazing.”

---

Shammy took a careful bite.

“...oh wow—okay—this is fine.”

---

Mai:

“Initial phase.”

---

Badger:

“STOP SAYING THAT”

---

□

Second bite.

---

Still fine.

---

Badger:

“I SEE NO PROBLEM HERE”

---

HeavenlyFather:

“...wait.”

---

Shammy blinked.

“...okay.”

A beat.

“...okay.”

---

□

Third bite.

---

The weight began.

---

Not pain.

Not discomfort.

---

Mass.

---

Ace slowed slightly.

Barely.

---

Grouse adjusted posture.

Controlled.

---

Badger:

"...this is getting heavy."

---

Mai:

"Caloric density accumulation."

---

Shammy:

"I regret asking."

□

Fourth bite.

---

The sweetness shifted.

---

Too much.

---

Badger stopped mid-chew.

“...okay no—this is wrong.”

---

Shammy leaned back.

“...yeah—there it is.”

---

□

Halfway.

---

Silence settled.

---

No one spoke.

---

Ace continued.

Steady.

---

Grouse continued.

Slower.

Precise.

---

Mai watched.

“Threshold approaching.”

---

Badger:

“WHY IS THAT ALWAYS BAD”

---

□

Sixth bite.

---

Everything slowed.

---

The cake didn't fight back.

That was the problem.

---

It stayed.

---

Ace finished another piece.

Paused.

---

Grouse did the same.

---

They both felt it.

□

Seventh bite.

---

Badger:

“I CAN’T TELL IF I’M FULL OR DEAD”

---

HeavenlyFather:

“...both.”

---

Shammy stared at her plate.

“...this is psychological.”

---

Mai:

“Incorrect.”

A beat.

“It is saturation.”

---

Shammy:

“THAT’S WORSE”

---

□

Final phase.

---

Ace reached the last section.

---

---

Grouse was behind her.

But steady.

---

Badger whispered:

“...don't do it.”

---

Ace took a bite.

---

Stopped.

---

Not visibly.

Not dramatically.

---

But—

stopped.

---

She looked at the plate.

---

Then at the last piece.

---

Small.

Simple.

Impossible.

---

Shammy leaned forward slightly.

---

“...you’re slowing.”

---

Ace:

“Noted.”

---

She tried again.

---

Didn’t go down.

---

Silence.

---

Mai:

“Constraint reached.”

---

Badger stood up.

“THIS IS IT—THIS IS THE MOMENT”

---

Grouse took another bite.

Slow.

Deliberate.

---

Finished.

---

Set his hand down.

---

“...complete.”

---

---

Silence.

---

Ace looked at the last piece again.

---

Didn't move.

---

A beat.

---

"...accepted."

---

## □ **Aftermath**

---

Badger:

"HE DID IT—HE ACTUALLY DID IT"

---

Shammy leaned back.

"...I never thought I'd see that."

---

Mai:

"Outcome confirmed."

---

HeavenlyFather nodded.

"...balance restored."

---

Grouse looked at Ace.

---

A moment.

---

“...good match.”

---

Ace nodded once.

---

“Yes.”

---

Flat.

Final.

---

## □ Epilogue

---

Safehouse.

---

Ace sat.

Table.

Last piece of cake.

Still there.

---

Untouched.

---

Shammy leaned on the wall.

“...you’re leaving it.”

---

Ace:

---

“Yes.”

---

Mai:

“Optimal decision.”

---

Badger walked past.

“...that piece won.”

---

HeavenlyFather:

“...it always does.”

---

Grouse stood at the doorway.

Looked once.

---

“...complete.”

---

And left.

---

Because some challenges—

are not about finishing.

---

They are about knowing

when you can't.

---

**End.**

---

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